

To Whom It May Concern,

Every day I ride with Shayan, I feel like a completely different person on horseback. With a “normal” trainer or instructor, this process would have taken years (or forever), but with Shayan, it’s amazing what even one session can achieve. I often find myself doing exercises that I would not have been able to do during a previous session. After knowing how to feel ride every day for years without any real improvement, Shayan’s lessons finally made me think that ‘this is what riding is *supposed* to feel like’!

Shayan has a great feel for which buttons to push, both on a horse and on a person. It seems as though he always knows what to say, how to say it, and whom to say it to. I’ve found that there are two limits; a limit you set for yourself and the real one. Shayan pushes you over the former every time but always respects the latter. You’re afraid enough to get better fast, but you don’t ever become *too* afraid or discouraged.

Shayan places a great deal of importance on the proper seat, and not only because it “looks good”. Learning to sit tall with a good posture has given me the security and confidence on a horse that I’ve never had before. Good posture has also carried over to my everyday life, and I am now more aware of my body and balance than ever before.

The horses he puts you on are also amazing. Most of my lessons have been with only a bareback pad, but I haven’t yet fallen once. One of the main reasons I was able to learn so quickly was because the horses Shayan trains are safe enough for a beginner like me to ride bareback and bridleless with both legs off the horse, allowing me to focus only on my seat without worrying that I will be thrown off.

I hope to keep learning from Shayan for a very long time. If you are reading this testimonial, you’ve come to the right place. I urge you to take just 10 lessons, and if that doesn’t turn your world upside down, I’ll eat my hat.

Best regards,  
Grace Chang  
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5/24/2016